

EDUCATION AND CERTIFICATIONS

University of Toronto — MMus Applied Music and Health / Neurologic Music Therapy

- Certified Neurologic Music Therapist - MTA (1364), MT-BC (18496), NMT (5246)

McMaster University — Hons. BMus. Music Cognition & Classical Voice

Syntactic Parallelism Between Music and Language in Relation to Key Memorization

- Presented at the McMaster Institute for Music and the Mind's 16th Annual NeuroMusic Conference and ICMPC-ESCOM 2021, Sheffield, UK.

McMaster University — Hons. BA Cognitive Science of Language

EXPERIENCE

Music Therapist and Music Teacher - Laura Street Music - April 2024 - Present

- Music Therapy (traditional & NMT) across the lifespan and varying populations, adapted music lessons (voice and guitar), voice services (health and aesthetics for singing and speaking)

Music Therapist – High Notes Avante – October 2023 – Present

- High Notes Avante provides free music programs for those experiencing mental illness. I facilitate the Music Wellness Class (adult group), and teach adapted guitar and voice lessons.

Volunteer Music Therapist – Covenant House Toronto – May 2023 – Present

- Group and 1:1 sessions for youth who are homeless, trafficked, or at risk; music for memorials

Music Therapist – Region of Peel – August 2023 – May 2024

- Long-Term Care, Adult Day Programs, programs for infants and their families

Music Therapy Intern (CAMT) - March 2022- August 2023

- Toronto Performing Arts Lodge (PAL), St. Paul's Bloor Street, Memory & Company (Markham Club), Covenant House Toronto, individual neuro-rehabilitation clients through the University of Toronto.

Dundas Conservatory of Music / Private Voice Teacher — September 2019 - August 2021

McMaster Hospital Voice Clinic, Hamilton ON - 2015 - 2017

- Shadowed Speech-Language Pathologist Dr. Anick Lamarche; surveyed patients, filmed and took notes for patient file, edited laryngoscopy videos, created educational content, assisted S-LP graduate student interns

OTHER

IMHope Fountains of Uke program - bridging the intergenerational gap through music

- work has been featured as IMHope's promotional content

Hamilton City Ballet - Ballet for Parkinson's

McMaster University Digital Music Lab - Volunteer Research assistant for music and memory studies